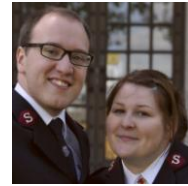


Dear God, I pray that you will bless me and my church. Send people into our fellowship, and protect us all. In Jesus' name. Amen

THE SALVATION ARMY CORPS & CHURCH, HYTHE Officers/Pastors - Lt's Callum & Berri McKenna
hythe@salvationarmy.org.uk - 01303 268792 – <http://www.hythesalvationarmy.org.uk>



Sunday 10th September 2017
Spiritual Health
Matt 6.28; Cor 3.6; Mark 4. 26-29



Good morning & welcome to worship...

With travelling around the division, we often get home in the evening around 9pm, as we come into the town where we live we often see large numbers of people out running in groups along the road side, I drive carefully to avoid them, but they seem to be all so determined to achieve the goals set by their iPhone apps. My sister who has never really been sporty has in the last 2 years joined "Park Run" and has amazingly disciplined herself to successfully run several 10K charity events and as additional benefit her blood pressure is now surprisingly normal! Running is one way of improving health. The heart is strengthened the blood pressure lowered and endorphins released in the brain bringing about an uplifting feeling. Improving physical health is becoming the determined goal of more and more of our communities, but have we ever thought about the Spiritual Health of our Church Community? Have we ever thought about how improving our Spiritual Health can be a catalyst for God's Kingdom to grow?

In 1 Timothy 4 : 8 it says

⁸ Physical exercise has some value, but spiritual exercise is valuable in every way, because it promises life both for the present and for the future.

We are looking forward to sharing with you again this Sunday and are excited about what God is going to say to us all as we gather for Worship. We pray that the Holy Spirit will help us all to be committed to improving our own Spiritual Health so we can live life to the full.

God Bless

Robert and Julia Jepson.

Majors

Divisional Mission Enablers



The gift of flowers greatly enhances our worship environment. This week we thank **Brenda**.

Prayers

Please remember Pauline Ashley in your prayers, she is now in the Kent and Canterbury Hospital. Jan is scheduled to have an operation on Wednesday October 11th at 7.30am.

This Week

Parent & Toddlers 9.30am Monday & Tuesday

CAMEO is **ON** on Wednesday – all are welcome, open to all.

PCC + meeting on Thursday 7.30pm at the Quaters

Dates for your Diary...

'The Big Collection' in September PLEASE SEE OVER:

HARVEST CELEBRATIONS - 16th and 17th of SEPTEMBER Saturday evening will be a Quiz Night with Jacket Potato Supper provided (free of charge!) but please bring a dessert to share with others. **Please sign up with Alyson after the meeting.**

Harvest Altar Service gift envelopes ARE available PLEASE SEE Anne.

Alpha Course - Starts 27th September

The Alpha course is a relaxed, no-pressure, 10 week look at and discuss some of the key elements of Christianity and over 27 million people have taken part in the course around the world. We're planning on facilitating an Alpha Course here at Hythe SA and we'd love as many people as possible to be part of it- whether you've been a Christian for decades or whether you're not even sure God exists, you'll be welcome! The course will run on Wednesday evenings, starting with a meal together at 7:00pm and the course at 7:30pm.

If you're interested in taking part, then you're very welcome to come along to the first session and see what it's about- and feel free to invite neighbours, friends or family members too! We do need to have a rough idea of numbers for catering purposes, **so please sign up with Alyson**

'Trek to Transform- Over Land, Sea and Sky!'

Over the coming couple of months there are three 'Trek to Transform' events where members of the congregation will be going to extraordinary lengths to raise money for the upcoming visit of some of our youth group to Kenya, and for the work of The Salvation Army in that country.

In September, Marilyn Simpson will be trekking through water in a sponsored swim.

In October, Lilian Cardy will be trekking through the skys once again in a sponsored sky dive.

Some of the youth will be at the back of the hall with sponsorship forms following today's meeting- please consider sponsoring these events, or doing so online at www.justgiving.com/TrekToTransform

THE BIG COLLECTION

We will change lives

Our plan is simple

- a) We will tackle HOMELESSNESS
- b) We will support OLDER PEOPLE
- c) We will support PEOPLE OUT OF PVERTY
- d) We will tackle DOMESTIC ABUSE

BUT

We need your help!

If you can do a small district i.e. give out some envelopes and then collect them back in again please see Anne or

Richard

HOWEVER

If that isn't for you then why not join Callum & Berri's Team and go out as a group

Enveloping on Monday , Turnpike, meet at 12:30: Tuesday- Collecting Turnpike- meet at 5:15

Please give your name to Callum or Berri

those of you who are 'on the internet' you can keep up to date on Facebook – Hythe Salvation Army

OR

www.hythesalvationarmy.org.uk

Reports, photos, History and lots more.....